

kej oblasti, je nevyhnutné zvážiť pomer rizika a benefitu a pristupovať v tejto otázke vysoko individuálne. V tabuľke 4 je uvedená schéma odporúčaných postupov pri očkovaní živými vakcínami vo vzťahu k DMT liečbe u pacientov s RS (Ghaderi et al., 2019; Williamson et al., 2016; Lebrun et al., 2019; Zrzavy et al., 2019; Rapisarda et al., 2021; Lapucci et al., 2023; Jakimovski et al., 2020; Metzke et al., 2018; Jeseňák et al., 2019; Williamson, 2016; Oreja-Guevara et al., 2014; Otero-Romero et al., 2023; www.sukl.sk).

Pri zvažovaní možnosti očkovania živými atenuovanými vakcínami je potrebné zhodnotiť parametre celulárnej imunity. U dospelých by mali byť počty CD4⁺ T lymfocytov $\geq 500/\mu\text{l}$ (miernejšie kritériá udávajú $\geq 200/\mu\text{l}$) a počty CD8⁺ T lymfocytov $\geq 200/\mu\text{l}$ (McFarland, 1999; Papp et al., 2018; Perez et al., 2003; Principi et al., 2014).

Záver

U pacientov s RS môže viesť imunosupresívna liečba ochorenia k lymfopénii, hypoga-

maglobulinémii a zvýšenému riziku výskytu a zhoršenému priebehu infekcií. Neurológ v spolupráci s imunológom využíva postupy preventívnych stratégií na minimalizáciu rizík infekcií predovšetkým očkovaním. Očkovanie je štandardnou súčasťou manažmentu pacientov s RS. V klinickej praxi je potrebné zvážiť, kedy a ktoré vakcíny podať pacientovi vzhľadom na jeho liečbu základného ochorenia preparátmi skupiny DMT, ktoré môžu ovplyvniť reakcie na vakcínu.

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